

+ Holiday Service



**Your guide to going on
holiday with oxygen**

Going on holiday?

Arranging your oxygen is now easier and simpler than ever before.

Use this guide to help you understand what you need to do for a worry-free trip.

Going away in England and Wales

If you are travelling in England and Wales the oxygen service is now free of charge.

Step 1

You need to contact your GP or specialist team 4-6 weeks before you depart to let them know when and where you are going on holiday. They will write a new order for your holiday service.

Step 2

Your GP or specialist team will contact us with details of your holiday. We will then arrange delivery of your oxygen supplies to your holiday destination via the local supplier.

Step 3

Your equipment and disposables will be ready for you when you arrive at your destination. They will also be collected when you leave.

Step 4

As the service is free of charge there is no need to pay.

Step 5

Relax and enjoy your holiday!

Remember

- Always seek medical advice before you travel.
- Always order your oxygen 4-6 weeks before you depart.
- Holiday oxygen is free for you in England and Wales.
- You need to pay in most other destinations, but if travelling to Scotland or Northern Ireland ask your GP about the latest arrangements.
- If you cannot travel call us to cancel your holiday oxygen.
- If you need oxygen while travelling take enough for the return trip.
- If the local supplier in your destination is **not** Air Products please bring back any Air Products cylinders or equipment (even if empty).

Going further afield

If you are going further afield we provide a holiday oxygen service for many parts of Europe and the US.

Step 1

Always take the latest Department of Health advice (see overleaf)*. If going abroad, apply for a European Health Insurance Card (EHIC).

Step 2

Call us on 0800 373580. Have your 'home oxygen order' handy if possible. If not, please give us your address (including postcode) and GP details so we can check your needs.

Step 3

If you are going somewhere we can provide a homecare service, we will make the arrangements for you. Otherwise we will give you details of a local company that can help.

Step 4

Liquid, gas or concentrators and all the disposables you need can be supplied. Nebulisers, ventilators and sleep apnea equipment can also be arranged in some countries.

Step 5

Payment is made in Sterling in the UK before you leave. There's no need to worry about payments in local currency if you're abroad.

Step 6

Relax and enjoy your holiday!

Who provides my holiday oxygen in England and Wales?

For advice and support on equipment and supplies during your holiday call:

| Air Products 0800 373580 | BOC 0800 136603 | Allied Medical 0500 823773 | Linde 0808 2020999 |
|---|----------------------------------|---|-------------------------------------|
| North West England | East of England | South East England | North East England |
| Yorkshire & Humberside | | South of England | |
| West Midlands | | | |
| East Midlands | | | |
| South West England | | | |
| North London | | | |
| Wales | | | |

More information

*For the latest Department of Health travel advice call 0800 555 777 or visit Ceefax pages 460-464 / www.dh.gov.uk/travellers

For more information about travelling with oxygen call the British Lung Foundation on 08458 50 50 20 (or visit www.lunguk.org) and ask for a copy of their guide – Going on Holiday with a Lung Condition**.

**Sponsored by Air Products Medical

Air Products Medical

2 Millennium Gate, Westmere Drive, Crewe, Cheshire CW1 6AP

Freephone: 0800 373580

Freefax: 0800 214709